

# ACTIVITY REPORT





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# EDITORIAL

## ANNE LAMBIN

HEAD OF THE  
ROQUETTE FOUNDATION



It is with immense pride that I present to you the 2024 activity report of the Roquette Foundation for Health. Once again this year, our commitment and determination to achieve our vision of "healthy food for our health" have been at the heart of our actions.

The year 2024 was marked by many challenges, but also by significant successes. We have strengthened our initiatives in prevention and education on healthy eating, while continuing to support research programs. Our desire to promote healthy and balanced eating has guided our choices and actions.

Among the highlights of the year, I would like to underline our first call for projects, launched with the Decathlon Foundation. This allowed us to support projects focused on nutrition

and physical activity, convinced that these levers are essential to prevent many diseases. These achievements would not have been possible without the passionate commitment and dedication of our team, the members of our Executive Committee, and the company's employees.

*"We remain more determined than ever to continue our efforts to meet the challenges of health prevention"*

The Roquette Foundation for Health will continue to commit to the well-being of communities, relying on the values of authenticity, innovation, and excellence that are dear to us. Whether in France or abroad, thanks to all the projects we support, we stand alongside associations and help them have a lasting and significant impact on communities. This has been

the purpose of our action since the launch of the Roquette Foundation for Health.

Happy reading to everyone!

*Anne*



# THE FOUNDATION

IN DETAIL

## OUR VISION

**BENEFICIAL FOOD FOR OUR HEALTH**

## OUR MISSION

**The Foundation primarily acts in favor of children and young adults around three areas of intervention:**



### **Facilitating access**

to healthy and sustainable  
food for the most  
vulnerable



### **Improving knowledge**

on the links between  
food and health



### **Promoting sustainable**

eating habits that are  
beneficial to health

**Since its creation, the Roquette Foundation for Health has financially supported more than 40 projects and three research awards on the themes of food and nutrition. Let's find out more about the projects supported in 2024 in the following pages.**

# THE FOUNDATION

## EXECUTIVE COMMITTEE

### A GOVERNANCE GUIDED BY STRONG VALUES

#### INTERNAL MEMBERS:

**Édouard ROQUETTE**

Chairman of the Foundation  
and the Roquette Group

**Camille BONDUELLE**

Family member

**Cyrille ROQUETTE**

Family member

**Xavier GALLIOT**

Head of Sustainability

**Pascal GRANSEIGNE**

Head of Customer Care

#### EXTERNAL MEMBERS:

**Delphine LEY**

University Professor - Hospital Practitioner  
Lille University Hospital

**Clémentine HUGOL-GENTIAL**

Professor of Information Communication –  
University of Bourgogne

**Bastien DOGNIN**

Co-founder of the company  
“Les Paniers de Léa”

**Clémentine HUGOL-GENTIAL**

Professor of Information Communication – University of Bourgogne

Sitting on the Scientific Council of the Roquette Foundation is a true privilege and an opportunity! I particularly appreciate the chance to discover projects exploring food, health, and youth. It is a space for fruitful exchanges that encourages innovation and offers a real opportunity to act concretely to support forward-looking initiatives.

**Bastien DOGNIN**

Co-founder of the company “Les Paniers de Léa”



I take great pleasure in participating in the Roquette Foundation committees with this status of an external specialist, which gives me real freedom in analyzing the files. I note a constant progression in the quality of the projects presented, which lends credibility to the actions of the Roquette Foundation. The partnership with the Decathlon Foundation is also a relevant and strategic action to increase the impact of the Foundation and its influence.

**Delphine LEY**

University Professor - Hospital Practitioner - Lille University Hospital

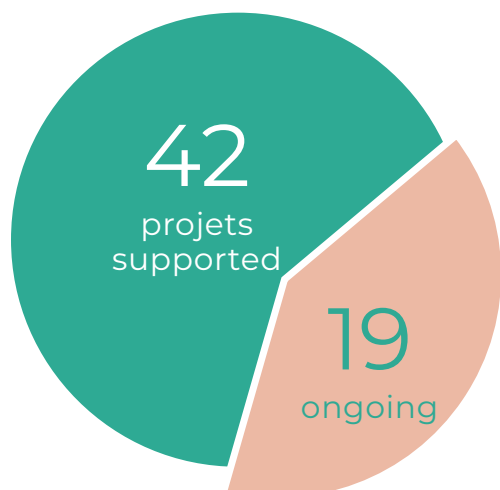
In 2024, the Roquette Foundation contributed to the support of quality projects, from the associative world to the scientific community, aimed at promoting access to healthy food and changing behaviors towards sustainable eating. The Foundation is also a place for exciting exchanges with committed stakeholders seeking impact for our society.

# KEY FIGURES

## OF THE FOUNDATION

The Roquette Foundation for Health supports general interest organizations implementing innovative and impactful projects.

### OVER A PERIOD OF SEVEN YEARS (2017-2024)



#### Funding distributed over three areas of intervention:



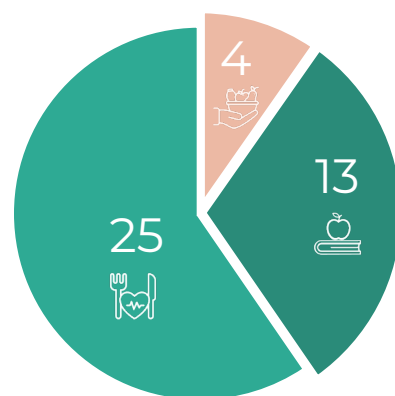
**Promoting sustainable**  
eating habits that are beneficial to health



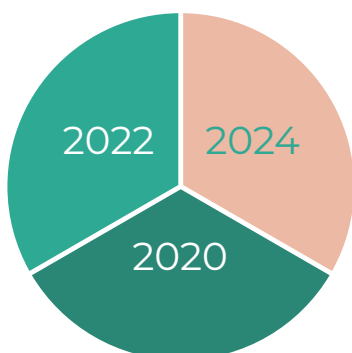
**Improving knowledge**  
on the links between food and health



**Facilitating access**  
to healthy and sustainable food for the  
most Vulnerable



#### 3 Research Awards given



### IN 2024

Nearly 300 000  
beneficiaries



# LEARNING AND NURTURING RELATIONSHIPS

## MEETING THE FIMATHO TEAM

In June, the Roquette Foundation for Health team visited the Jeanne de Flandre Hospital at the Lille University Hospital to meet the Rare Diseases Health Network FIMATHO and review the project supported by the Foundation: the TOP'LA application. During this visit, the team had the opportunity to test the beta version of the application, now available, which offers a wealth of resources and valuable information for parents.



## MEETING AT THE PARTICIPATORY RESTAURANT CHEZ KANTINA

In September, the Roquette Foundation for Health team visited "Le passage à niveaux" in Béthune to discover Chez Kantina.

Chez Kantina is a participatory restaurant that promotes healthy and supportive eating with free prices for members. The associative canteen offers a unique dish and dessert every lunchtime based on local products, prepared by young people in integration.



## DISCOVERY OF THE FIRST DIABETES HOUSE

In September, part of the Roquette Foundation for Health team went to Toulouse to discover the Childhood Adolescence and Diabetes project, supported by a joint call for projects with the Decathlon Foundation.





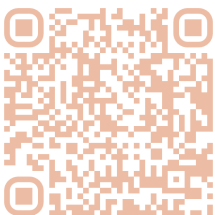
## CONGRATULATIONS TO DELPHINE PAYROS

In 2024, the Foundation awarded its third Research Prize to Delphine Payros, a researcher at INRAE in the Food Toxicology laboratory in Toulouse, for her work on the consequences of the food exposome on digestive health. The food exposome refers to human exposure to various food contaminants and neoformed products, such as mycotoxins, which are common in our diet.



Delphine Payros' project focuses on identifying food contaminants whose health risk is aggravated by deoxynivalenol (DON), a mycotoxin commonly found in our diet.

The interactions between mycotoxins and other food components are evaluated in gastrointestinal pathologies such as cancers and chronic inflammatory bowel diseases (IBD). The discovery of common signaling pathways in the different mixtures studied will allow a better understanding of the mechanisms involved and open the way to new treatment methods.



*Scan the QR code to learn more about the Research Prize.*



# LEARNING AND NURTURING RELATIONSHIPS

## JOINT CALL FOR PROJECTS

In March 2024, the Roquette Foundation for Health and the Decathlon Foundation joined forces to improve access for vulnerable people to healthy food and adapted physical activity. On this occasion, the two foundations launched a call for projects in France, Brazil, and India, and chose to support five associations. In total, more than 160,000 euros were awarded. These projects aim to provide sustainable access to sports and healthy food through the construction of infrastructure, qualified personnel costs, and the purchase of food.



### PLAYING & NOURISHING BY INSTITUTO MARCA

The Playing & Nourishing project in Simões Filho, Bahia (Brazil), aims to promote food education and access to sports for children from three rural communities. It includes the creation of a school garden for educational activities on food security, the renovation of a sports field for safe football lessons, and the provision of balanced snacks before sports activities.



**Beneficiaries:**  
250 children

### FOOTBALL AND BEYOND BY SHREEJA INDIA

The project aims to improve the health of 700 beneficiaries per year for three years through football training, a fitness plan, mental health intervention, and an adapted nutritional program. It targets 150 female football players aged 10 to 22 and 550 children aged 5 to 10, mainly from situations of exclusion or poverty in the districts of Birbhum and Purba Bardhaman, West Bengal (India).



**Beneficiaries:**  
700 girls

## THE LUBINUS PROJECT BY THE APPRENTIS D'AUTEUIL FOUNDATION

The project offers sports and food workshops to encourage better consumption and physical activity in France, targeting young people who experience school and social disruption (16-25 years old) and adults in reintegration. Among the beneficiaries, 45% come from Child Welfare (ASE) and Youth Judicial Protection (PJJ).



**Beneficiaries:**  
*140 young people  
in precarious  
situations*

## THE SPORT-HEALTH PROJECT BY THE ASSOCIATION COMME LES AUTRES

The Sport-Health project of the association Comme Les Autres aims to improve the autonomy and well-being of adults with spinal cord injuries or traumatic amputations through nutrition workshops, muscle strengthening sessions, and sports activities in partnership with local parasports clubs.



**Beneficiaries:**  
*200 people  
with disabilities*

## THE EAD PROGRAM BY THE EAD ASSOCIATION

Each year, the French association EAD organizes 25 educational days for 12 to 15 children and 10 stays of 3 to 5 days for 15 teenagers. Activities include nutrition workshops and sports days to manage type 2 diabetes. In 2024, the association also opened the first Children's Diabetes House in Toulouse (France), offering a resource center for young people and their families.



**Beneficiaries:**  
*450 children  
and teenagers*



# NEW PROJECTS

## OF THE YEAR



### CHEZ KANTINA

BY THE ASSOCIATION  
*LE PASSAGE À NIVEAUX*

Chez Kantina is a participatory restaurant, based in Béthune (Hauts de France), where cooks and diners gather to cook and eat together. It is a solidarity project that aims to promote healthy eating. The deployment of the project is possible thanks to the provision of a local associative and solidarity canteen offering a unique dish and dessert every weekday lunchtime, made from local and seasonal products for free, where the cooks are people in reintegration, mostly young people.



### ALIMCARE

BY THE ASSOCIATION *UNILASALLE*



The project, ALIMCARE, is implemented in response to the increase in chronic diseases due to poor diet. Its objective is to enhance the skills of young learners, their teachers, and professionals in the fields of catering, health, and personal support, at home or in a community center. It aims to integrate food as a tool for health prevention and in the continuity of care without giving up the pleasure of eating and to improve knowledge and practices on healthy and sustainable food to prevent these diseases in the general population.



## NUTRITION 4 ALL EAT WELL, GO FURTHER! BY THE ASSOCIATION *LP4Y*



The association Life Project 4 Youth (LP4Y) helps young people in situations of extreme poverty or exclusion in Asia and the Middle East to integrate socially and professionally through coaching pedagogy and micro-economic activities.

With the support of the Roquette Foundation, LP4Y launched the Nutrition 4 All: Eat Well, Go Further initiative in India, Nepal, the Philippines, Bangladesh, and Indonesia. This program aims to impart good eating habits, train young people in nutrition, and provide them with a daily allowance for their primary needs. Four themes are addressed in these workshops: healthy eating, the link between health and nutrition, food systems, and maternal nutrition. Since June 2024, nearly 370 young people have benefited from these trainings in LP4Y centers.

## DISSEMINATION OF THE OUICHANGE SCHOOLS AND CANTEENS PROGRAMS BY THE ASSOCIATION *OUICHANGE*



This project is a food education program whose mission is to support the ecological transition of children and their ecosystem. The program has various tools, such as online workshops, tutorials, and monthly videoconferences, to enable teachers to become competent and autonomous in setting up food education workshops. In addition, it implements a strategy to disseminate the OuiChange Schools and Canteens program nationwide, to support one million students in their ecological transition by 2030.



## LES INVITÉS DU VRAC - LET'S TALK ABOUT FOOD!

BY THE ASSOCIATION *VRAC - HAUTS DE FRANCE*

The project Les invités de VRAC: let's talk about food! is a program of activities, structured around three themes of sustainable food, identified through numerous exchanges with members: health, the environment, and purchasing power. Its objective is to create the conditions allowing the association's members, residents of working-class neighborhoods, to make informed choices and develop their ability to act in the field of healthy and sustainable food. To achieve this, the association organizes exchange workshops, expert interventions, family cooking workshops, and farm visits.



## NUTRIMI'KID

BY THE ASSOCIATION *AFA CROHN RCH FRANCE*



To address the various issues related to food, AFA Crohn RCH France created NUTRIMI'KID, a comprehensive support program for children and adolescents with chronic inflammatory bowel disease, as well as their parents. This program meets several objectives through innovative workshops and educational tools. It provides reliable and adapted information to young patients and their parents, fights against erroneous beliefs, and offers easy, seasonal, and economical recipes. It aims to reconcile young patients with the pleasure of eating well and encourages minimally processed food to limit the risk of disease aggravation.



## VIVONS EN FORME (VIF®) FROM AN EARLY AGE BY THE ASSOCIATION *FÉDÉRONS LES VILLES POUR LA SANTÉ*

For 30 years, the VIF® program has been working in local communities to fight childhood obesity. Historically, its actions are mainly aimed at children ages 6 to 11. Vivons en Forme from an early age aims to complement this program by improving the eating behaviors of children during the first five years of life, as well as raising awareness from pregnancy. It will thus strengthen the VIF® program by providing new tools and actions for children up to five years old to better prepare them for primary school, particularly in terms of food.



## NUTRIACTIS BY THE *CHARLES NICOLLE FOUNDATION OF NORMANDY - CHU ROUEN*



NutriActis is a digital and innovative platform that allows self-screening of eating disorders (ED) and obesity, reducing associated risks, and supporting these pathologies, thus offering an essential first step in recognizing these health problems. Designed by a specialized medical and scientific team, this platform provides validated and simplified information to make knowledge accessible to all.



# REVIEW OF THE SUPPORTED PROJECTS



## 20,000 BASKETS AGAINST FOOD INSECURITY BY THE ASSOCIATION *Y'A DU RAB*

SUPPORTED SINCE 2023

The association Y'a Du Rab leads the project 20,000 baskets against food insecurity, which focuses on the purchase and revalorization of local fruits and vegetables, distributed in the form of anti-waste food baskets, while organizing awareness workshops on healthy eating. The first year of funding allowed the distribution of 10,000 baskets, saving 25 tons of fruits and vegetables, and achieving 350 hours of work integration. These baskets also provided better nutrition to people in precarious situations. Ten awareness workshops were also organized. For the second year of support, the project plans to increase the number of baskets distributed and organize more monthly workshops.



## EATING WELL FOR MY HEALTH BY THE ASSOCIATION *IMAGINEO*



SUPPORTED SINCE 2023

Eating Well for My Health is a program aimed at raising awareness among children, especially those from priority neighborhoods, by making them active participants in their health and ambassadors of for their peers' health. IMAGINEO, with the help of experts from the VIF® program, is working on creating an educational kit for teachers to raise students' awareness of the importance of healthy eating from breakfast. A collective intelligence workshop laid the foundations for this kit, which will include detailed guidelines, graphic supports, and practical tools.





## THE TOP'LA MOBILE APPLICATION BY FIMATHO

SUPPORTED SINCE 2023

With the launch of the TOP'LA project, a mobile application has been available since October 2024 for parents of children with eating disorders. It offers reliable resources such as information on eating disorders, recipes, sensory activities, outing ideas, a photo album to track the child's progress, and parent testimonials. By the end of December, this application had already been downloaded more than 800 times.



## SCIENTIFIC STUDY BY THE MALIN PROGRAM



SUPPORTED SINCE 2022

The scientific study of the MALIN Program consists of a randomized controlled trial aimed at improving the nutrition and growth of young children by combining nutritional support and access to suitable foods. The study targets pregnant women in situations of social vulnerability, followed from pregnancy to until the child is 2 years old, in Lille and Valenciennes. By the end of June 2024, 608 families had been included, and 650 home visits carried out.



## PENSINE BY THE INFINITE LABORATORY

SUPPORTED SINCE 2018

The PENSINE project highlights the importance of nutrition from breastfeeding to modulate the child's health trajectory and prevent the onset of chronic intestinal infections. The pediatric Clinical Investigation Center (CIC) of the Lille University Hospital was mobilized to identify families, carry out inclusions, conduct follow-up visits, and enter data. To date, 811 parents have been informed, 416 inclusions have been made at birth, and 313 children have been followed up at 6 months. Thus, the initial objective of 350 mother-child pairs followed has been achieved.





## NUTRI'CHARTREUSE

BY THE ASSOCIATION *LA CHARTREUSE DE NEUVILLE*

SUPPORTED SINCE 2022

The Nutri'Chartreuse project revolves around the gardens of the La Chartreuse de Neuville Association. This project creates a path of knowledge sharing and awareness of a healthier lifestyle by transmitting good eating habits, from the cultivation of fruits and vegetables. In 2024, the garden is once again a central learning space, highlighting local crops. Nearly 90 participants, including children, caregivers, people with disabilities, and seniors, benefited from various actions such as thematic workshops through activities like cooking and herbalism.



## THE ANCA CHAIR

BY THE *AGROPARISTECH* FOUNDATION



SUPPORTED SINCE 2021

The ANCA (Food, Nutrition, Eating Behaviors) chair, a partnership chair of AgroParisTech hosted by the AgroParisTech Foundation, functions as a Think&Do Tank to understand and support the eating behaviors of 18–35-year-olds towards more sustainable diets. In 2024, the “Future is Legume” project was promoted on Instagram for the second time. It raised awareness among more than 17,000 people through a campaign of about 30 contents and a media partner.







## 9 MOIS À CROQUER

BY THE ASSOCIATION *ALIM'MATER*

**SUPPORTED SINCE 2023**

9 mois à croquer is a primary prevention program, co-constructed between perinatal and nutrition professionals, based on the expressed needs of pregnant women. It aims to support each future mother towards healthier and more sustainable eating by taking into account her habits, time constraints, and budget. The project involves setting up online or face-to-face workshops, as well as a mobile application, allowing future mothers to access personalized dietary advice, recipes, and tips. In 2024, it had nearly 3,000 downloads and nearly 100 pregnant women participated in the workshops.



## NUTRISSIMO® JUNIOR

BY THE *INSTITUT PASTEUR DE LILLE*



**SUPPORTED SINCE 2021**

Nutrissimo® Junior is a food education program, developed by the Institut Pasteur de Lille, with the Pileje Foundation, aimed at children to know and learn to love food. Through a board game, conferences, and training, children, as well as parents and school and extracurricular staff, develop their knowledge of good eating behaviors. With the support of the Roquette Foundation, 1,887 children from 10 different cities were reached.



# ACT & CARE

2024



For four years, the Act & Care initiative, launched by the Roquette Foundation for Health, has supported public interest organizations and highlighted the commitment of Roquette employees. Each year, five projects are selected by a jury of employees and each receive €5,000.

Thanks to our committed employees: Chris (Canada), Dorothée (France), Felipe (Brazil), Isabelle (France), Sanket (India).

## SCHOOL & TREES

Uganda



This project aims to provide balanced nutrition to 500 children at the St. Mary nursery and primary school in Kinyateke-Kahokya, Uganda, a disadvantaged rural community with a low school enrollment rate. St. Mary School has taken on the challenge of educating all children and offers them a daily meal of maize and beans as well as a snack in the morning and at the end of school. This proposed meal is too low in protein and fresh produce and needs to be improved. The project involves creating a pilot farm with 120 laying hens and an orchard planted with 100 fruit trees. In this orchard, a separate plot will be planted with acacias and will receive 50 beehives.



## FRATERNIDADE ESPIRITA MENSAGEIROS DA PAZ

Brazil



The project involves expanding the industrial kitchen, with the purchase of a new stove, new pots, new refrigerators, and freezers, so that it is possible to prepare even more meals. The financial donation can also be used to buy food, medicine, clothing, and utensils that will be given to the residents in precarious situations in Boituva.

## RATNA NIDHI CHARITABLE TRUST

India



Launched in 1998, the association enables street children and marginalized children to go to school. Currently, every day, Ratna Nidhi Charitable Trust serves meals to children in non-subsidized schools in Mumbai. The goal is to promote education by providing nutritious and healthy meals prepared in safe and well-maintained kitchens. Food delivery is carried out in an environmentally friendly manner, including by bicycles.



RATNA NIDHI CHARITABLE TRUST

## EVERMORE GATHER GROW LEAD INC.

Canada



Evermore provides each child in its program with a healthy snack every day after school. This aims to combat food insecurity and promote good eating habits in the central-west region of Winnipeg, Manitoba. Program participants come from families living below the poverty line. The funding will support the provision of daily nutritious snacks to children at the program's three sites, with plans to expand to a fourth site.



## RICHEBOURG SOLIDARITÉ

France



Every week, the association provides food aid to all people or families in precarious situations, to support them in their financial difficulties. These are selected in partnership with the town halls and live in the municipalities of Richebourg, La Couture, or Vielle Chapelle in Hauts de France. The goal is to improve food aid by offering additional food parcels during the holidays and also parcels with hygiene and household maintenance products.



Richebourg  
Solidarité

# THE ROQUETTE

## GROUP

Roquette is a family-owned global leader in plant-based ingredients and a leading provider of pharmaceutical excipients.

Founded in 1933, the company currently operates in more than 100 countries, through more than 30 manufacturing sites, has a turnover of around 5 billion euros, and employs almost 10,000 people worldwide.

Life and nature have been our sources of inspiration for decades. All our raw materials are of natural origin. From them, we enable a whole new plant-based cuisine; we offer pharmaceutical solutions that play a key role in medical treatments; and we develop innovative ingredients for food, nutrition and health markets. We truly unlock the potential of nature to improve, cure and save lives.

Thanks to a constant drive for innovation and a long-term vision, we are committed to improving the well-being of people all over the world. We put sustainable development at the heart of our concerns, while taking care of resources and territories. We are determined to create a better and healthier future for all generations.



# life+nature

by Roquette

In 2023, Roquette strengthened and structured its actions in terms of sustainable development through its life+nature program. Placed at the heart of our strategy, life+nature will strengthen our performance with specific objectives by 2030. This program has three ambitions: **PRESERVE** the planet, **INVENT** for the future, and **CARE** for people.

With **CARE** for people, we maintain a relationship of trust with all our partners, placing safety, ethics, and human rights at the heart of our exchanges. In all our activities and business relationships, we work to respect human rights and fundamental freedoms. At Roquette, we offer our employees rich and varied career paths, ensure their quality of life at work, respect their diversity, and prioritize their safety. A key actor in the heart of the territories where we operate around the world, we develop our activities with local communities, with the support of the Roquette Foundation.

*"For more than six years, the Roquette Foundation has been an integral part of our contribution to better health for younger generations. In collaboration with associations and project leaders who are fully committed on a daily basis, it is a driver of positive change and perfectly integrated into our sustainable development approach, life+nature."*



**Xavier GALLIOT**  
Head of  
Sustainable Development



*Scan the QR code to learn more about life+nature*





## Where to find us

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