



# 2023 ACTIVITY REPORT

## Beneficial Food for Our Health







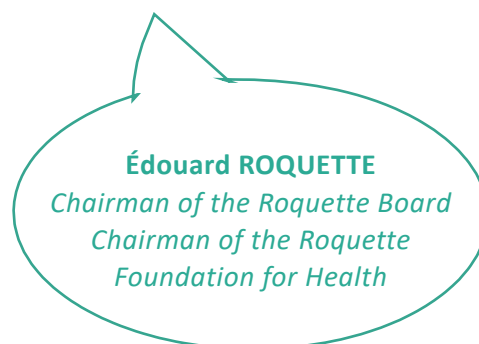
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# PERSPECTIVES

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*In this cross-interview, Édouard ROQUETTE (ER) and Anne LAMBIN (AL) discuss the challenges and achievements of the past year, highlighting the commitment of the Roquette Foundation for Health towards promoting healthy and sustainable nutrition for all.*



*What set the Roquette Foundation apart in the year 2023?*

ER

In 2023, the Roquette Foundation for Health reaffirmed its vision: “Beneficial food for our health.” This new direction marked the beginning of a promising journey towards a future where access to healthy food for the most vulnerable, improving knowledge on the links between health and nutrition, and promoting sustainable eating habits are at the forefront of our concerns.

Throughout this year, we have supported four new projects that embody our commitment and values. With the Foundation’s support, all projects funded in 2023 will reach over

281,000 beneficiaries, showcasing the impact of our actions and our dedication to the communities we serve.

*How did employee engagement contribute to strengthening the actions of the Foundation in 2023?*

AL

The Roquette group is committed to engaging willing employees in solidarity actions, thereby contributing to making a positive impact on people’s lives.

This year, this commitment has taken on a new dimension through the philanthropic actions we undertake, as well as through the third edition of the **Act&Care** initiative, initiated by

the Foundation and in which our employees are involved throughout the year. This action has enabled more than 1,700 beneficiaries experiencing food insecurity, across several countries including France, India, Brazil, Nepal, Madagascar, and Canada, to benefit from workshops on nutrition and access to healthy food.

*The challenges of food are becoming increasingly numerous. How does the Roquette Foundation respond to them?*

AL

For six years now, the Roquette Foundation for Health has been participating with conviction and determination in improving food and health for everyone around the world. Today, the needs for access to quality, sustainable, and sufficient food are numerous. Taking more and more measure of its contribution, the Foundation has taken a significant step: the integration of the Foundation into the Roquette group's sustainable development approach, *life+nature*, and more particularly the **CARE for people** engagement platform, developing activities with communities around the group's sites.

The Roquette Foundation also renews its commitment to healthy food for the well-being of people in France, India, and Brazil, thus contributing to Roquette's objective for 2030: supporting more than 100 initiatives annually for local communities.

*All supported projects in 2023 will enable more than 281,000 person to have access to beneficial food.*

Édouard ROQUETTE

*Final words?*

ER

This year has been marked by commitment, whether from employees or the Foundation. All our projects contribute to facilitating access to sustainable food, improving knowledge on the links between food and health, and promoting sustainable eating habits that are beneficial to health.

The road ahead is still long; that's why we continue our mission with passion and determination, while engaging with local communities!



# THE ROQUETTE FOUNDATION FOR HEALTH

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## OUR VISION

## BENEFICIAL FOOD FOR OUR HEALTH

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## OUR MISSION

The Foundation's priority is to help children and young adults in three areas of intervention:

1

Facilitating access  
to healthy and sustainable  
food for the most  
vulnerable



2

Improving knowledge  
on the links between food  
and health



3

Promoting sustainable  
eating habits that are  
beneficial to health



*Since its creation, the Roquette Foundation for Health has financially supported more than 40 projects and 3 research prizes on the themes of food and nutrition. Let's find out more about the projects supported in 2023 on the following pages.*

# THE ROQUETTE FOUNDATION FOR HEALTH

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## THE FOUNDATION'S EXECUTIVE COMMITTEE

### GOVERNANCE GUIDED BY STRONG VALUES

#### INTERNAL MEMBERS:

**Édouard ROQUETTE**

Chairman of the Foundation  
and the Roquette Group

**Camille BONDUELLE**

Family member

**Cyrille ROQUETTE**

Family member

**Xavier GALLIOT**

Head of Sustainability

**Pascal GRANSEIGNE**

Head of Customer Care

#### EXTERNAL MEMBERS:

**Dr Delphine LEY**

(MD, PhD) University Lecturer in Pediatrics –  
Lille University Hospital

**Clémentine HUGOL-GENTIAL**

Professor of Information Communication –  
University of Bourgogne

**Bastien DOGNIN**

Co-founder of the company “Les Paniers de Léa”

# REVIEW OF THE YEAR 2023

## VISIT TO THE LIFE PROJECT 4 YOUTH (LP4Y) CENTER IN MUMBAI

The Roquette Foundation for Health supports Life Project 4 Youth (LP4Y), an association that helps young people (aged 17-24) from disadvantaged backgrounds in Asia, particularly in India, with social and professional inclusion. In line with this partnership, Jyoti Tripathia, Head of Public Affairs for Roquette in India, participated in LP4Y's Impact Meeting held in November 2023. A month later (December 2023), Sanket Godbole, the group's Chief Financial Officer in the same country, also visited the association's center. These visits made it possible to discover LP4Y's efforts to support youth and the Malwani community near Mumbai, while offering Roquette employees the opportunity to share their testimonies and encouragement.



## A FIRST COLLABORATION WITH THE DECATHLON FOUNDATION

In 2023, the Roquette Foundation made the decision to launch a joint call for projects with the Decathlon Foundation.

This call is open from March 11 to May 22, 2024, and focuses on the theme "Sport & Nutrition for Good Health." This initiative aims to promote sustainable health for vulnerable populations in France, India, and Brazil, whether they are in situations of precariousness, disability, in disadvantaged neighborhoods, or facing illnesses, by promoting healthy eating and adapted sports practice.



# REVIEW OF THE YEAR 2023

## THE EXECUTIVE COMMITTEE OF THE ROQUETTE FOUNDATION AT LA CHARTREUSE DE NEUVILLE

The executive committee of the Roquette Foundation gathered for one of its annual meetings at La Chartreuse de Neuville in Neuville sous Montreuil (France): an opportunity to discover this place undergoing renovation and full of history, presented by Alexia Noyon, General Director of the Association La Chartreuse de Neuville. For the first time, committee members were also able to discover on the ground one of the projects supported by the Foundation: *Nutri'Chartreuse*, which aims to raise awareness of food sovereignty issues.



## A DAY IN THE COUNTRYSIDE AT FERME SÉNÉCHAL FOR THE FOUNDATION TEAM

The Roquette Foundation gathered for a team day at the Ferme Sénéchal. Located in Vieille-Chapelle (Hauts-de-France), this inclusive and supportive house is managed by the association Sourires d'Autistes. This meeting was an opportunity for the Foundation team to outline the roadmap for the year and to discover the projects of this association. Its objective is to support young adults with autism in their path towards autonomy to offer each person a place in society.



# NEW PROJECTS OF THE YEAR

## 9 MOIS À CROQUER

BY ALIM'MATER ASSOCIATION

"9 mois à croquer" is a primary prevention program, co-constructed between nutrition professionals, based on the expressed needs of pregnant women. Its aim is to raise awareness among future mothers about healthy and sustainable eating habits and to gradually support them in implementing changes in their diet, taking into account their habits, time constraints, and budget. The program provides a free mobile application that allows expectant mothers to access personalized dietary advice, recipes, and tips. It offers, primarily to expectant mothers on a tight budget, a workshop led by a dietitian and/or midwife addressing healthy and sustainable eating in a fun way.



## 20,000 FOOD BASKETS AGAINST FOOD INSECURITY

BY Y'A DU RAB' ASSOCIATION

"20,000 food baskets against food insecurity" is a project led by the association *Y'a Du Rab'*, which has a dual mission of fighting against food insecurity and fighting against food waste from producers. It revalues agricultural products, fruits and vegetables intended to be thrown away and involves workers in the process of putting together food baskets.

This project allows for the creation of baskets tailored to the needs of people in precarious situations, and it also allows for the organization of workshops to raise awareness about healthy and sustainable eating.





# NEW PROJECTS OF THE YEAR

## EATING WELL FOR MY HEALTH BY IMAGINEO ASSOCIATION

Centered around breakfast, this project allows for the development of an active and participatory awareness methodology in to make children actors of their own health and ambassadors of their peers' health. After being tested and validated, the project aims to disseminate the method to professionals in education and health and nutrition prevention to enrich the territory and aim for a collective impact.

Ultimately, the project will be implemented nationwide by:

- Designing a professional pathway (training and support),
- Creating a turnkey educational kit to facilitate the application of the method by professionals,
- Relying on the experts of the VIF (vivons en forme) program to co-construct, test, and evaluate the kit.



## TOP'LA MOBILE APPLICATION BY THE HEALTH SECTOR "FIMATHO"

The "TOP'LA" application was initiated by the FIMATHO health sector, a structure set up by the Ministry of Health and Prevention. It aims to support parents of children with Pediatric Feeding Disorders (PFD). A PFD is characterized by difficulties in feeding through the mouth, with multiple and highly variable causes and consequences. As a result, PFD directly impacts the feeding and quality of life of these children, as well as that of their families. This reliable and accessible digital tool is relevant to support parents on a daily basis and allow them to better enjoy meal times, while helping children to eat properly. This application is complementary to appropriate medical follow-up.

## REVIEW OF THE SUPPORTED PROJECTS

**281,000** *beneficiaries*      **7** *ongoing projects*

*In 2023, in addition to the four new supported projects, the Roquette Foundation team followed seven validated projects from previous years. Regular meetings were organized with each project leader to assess the impact of the actions taken, discuss future actions, and create sustainable collaborative links. These exchanges are always rich, informative, and authentic. They allow for the establishment of true long-term partnerships with structures, always aiming to increase the impact in favor of healthy food for health.*

*Thanks to this support, more than 281,000 direct beneficiaries were reached in 2023.*

### **ANCA CHAIR** BY AGROPARISTECH FOUNDATION

The ANCA Chair, belonging to the AgroParisTech Foundation, works towards changing the behavior of young adults through concrete solutions in education and communication, in connection with data from the fields of neuroscience, eating behavior, and sociology of food. The Chair's action aims to understand and reflect on the needs and obstacles of 18-35 year olds, as well as the drivers for adopting sustainable eating habits. To achieve this, communication actions adapted to the real needs of this audience are implemented, such as the creation of the Instagram account "Je mange pour le futur" (I eat for the future), which has, as of 2023, more than 13,000 subscribers, mainly young adults targeted by the project.



# REVIEW OF THE SUPPORTED PROJECTS

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## **ECAIL STUDY** BY MALIN PROGRAM

The Ecaïl study (Clinical Study on Infant Nutrition), conducted by the MALIN program, is a randomized trial carried out in 2023 with 700 pregnant women in situations of social vulnerability. Its aim is to test the hypothesis that nutritional support, accompanied by facilitated access to foods suitable for infant and family nutrition, can improve the nutrition and growth of young children. These findings have led to recommendations and proposed optimization elements within the framework of the generalization of the MALIN program throughout the French territory, while also providing new knowledge on the social determinants and mechanisms involved in the health behaviors of families in situations of social vulnerability.



## **PENSINE** BY INFINITE LABORATORY

The PENSINE study (Perinatal, Environment, Intestinal Health and Child Nutrition), conducted by the INFINITE laboratory, is based on the study of the link between exclusive breastfeeding for three months and the intestinal health of the child at the age of four. The study follows 349 voluntary mother-child couples from the Jeanne de Flandres maternity hospital in Lille (the largest maternity hospital in Europe in terms of births) for a period of four years. Ultimately, this study will make it possible to communicate new recommendations for pregnant women and their infants, with the aim of modulating the child's health trajectory and preventing the onset of chronic intestinal conditions.





# REVIEW OF THE SUPPORTED PROJECTS

## **VIVONS EN FORME PROGRAM** BY FEDERATING CITIES FOR HEALTH ASSOCIATION

VIF® developed by the FEDERATING CITIES FOR HEALTH association is a health promotion program focused on nutrition, physical activity, and well-being. Its primary target is children, but in recent years, the association has expanded its target audience to include future parents, adults who are overweight or obese, and active seniors. Since 2018, the Roquette Foundation for Health has supported this project by accompanying the development of tools for all target audiences. The goal for everyone is to acquire the necessary knowledge and provide the keys to becoming a true resource that promotes health. Through this program, more than 240,000 children have been made aware of the importance of beneficial food and physical activity.



## **CARE 4 CHANGE** BY LIFE PROJECT 4 YOUTH ASSOCIATION (LP4Y)

For over 10 years, the LP4Y association has been active in seven countries in Asia (including India) and in the Mediterranean basin. The “Care 4 Change” project, carried out at the Malwani Training Development Center (Mumbai, India), offers a 6-month coaching program to young women from extreme poverty and exclusion, while interacting with their community. In 2023, 210 young women were able to benefit from this coaching. At the same time, they raised awareness in their community about the importance of healthy eating and highlighted the bad eating habits that lead to certain diseases, such as diabetes.



# REVIEW OF THE SUPPORTED PROJECTS

## **NUTRISSIMO® JUNIOR** BY THE PASTEUR INSTITUTE

Thanks to the Nutrissimo® Junior program, school, extracurricular and cafeteria staff benefit from training and animation support to raise children's awareness of good nutrition.

To date, 296 children in eight different cities in France have benefited from learning workshops deployed in schools and local associations in these cities. Also, 77 parents have made aware of the benefits of good nutrition through conferences given as part of the program, to permanently change the eating behaviors of the whole family..



## **NUTRI'CHARTREUSE** BY LA CHARTREUSE DE NEUVILLE ASSOCIATION

Based on the heritage of La Chartreuse de Neuville, a historic site in Montreuil-sur-Mer (France), and in collaboration with nutrition and health specialists, the Nutri'Chartreuse project allowed teams in 2023 to develop tools and workshops for 876 young adult beneficiaries on topics related to nutrition, cooking, phytotherapy, sports, and fruit and vegetable production. These workshops were developed to raise awareness among different garden visitors: young and adult reintegration, elderly people, people with disabilities, as well as the general public. The project thus allows for the promotion of the importance of a healthy diet for daily well-being and raises awareness of the challenges of cultivated biodiversity.



For the third consecutive year, the Roquette Foundation for Health has wished to honor committed employees who invest in non-profit organizations. Thanks to the Act&Care initiative (formerly named Act&Help), five projects working on the theme of Sustainable Development Goal (SDG) n°2, “Zero Hunger”, can be awarded the sum of €5,000.

This 3rd edition has allowed the discovery of projects whose actions are located in Brazil, the United States, Romania, Haiti, India, Lebanon, and France. The jury, composed of employees from around the world, has designated the following winners:

## SOLAAL ASSOCIATION



SOLAAL is a general interest association whose mission is to facilitate and organize donations from agricultural and food sectors to food aid associations, as well as to provide fresh products to the most deprived people. The objective of its project is to contribute to the financing of awareness-raising on the fight against food waste by spreading anti-waste meetings and culinary workshops.



Association d'aide aux sans abris



## CHARITÉ SOLIDAIRE



Charité Solidaire, created in April 2017, is an association that helps homeless people as well as disadvantaged individuals in the cities of the Hauts de France region. The association's volunteers regularly carry out patrols to provide them with packages consisting of food and essential products. The funds collected allow for the preparation of food packages and the addition of a toiletry kit for all beneficiaries.

## SEVA SAHAYOG FOUNDATION



INDIA

The Seva Sahayog Foundation is an NGO that works for the development and well-being of disadvantaged populations in society. The organization has established links with various businesses and organizations to have a local impact. With the support of the Roquette Foundation, the Seva Sahayog Foundation aims to contribute to the financing of the Kishori Vikas program, which offers essential education on several axes, including nutrition, with a budget of €70 per child per year.



## FEED MY STARVING CHILDREN



USA



Created in 1987 in the United States, Feed My Starving Children (FMSC) collaborates with a global network to distribute meals largely packaged by volunteers. These specially designed MannaPack® meals, developed by food experts, fight against malnutrition in children and help families in need. FMSC has a strong and sustainable model based on integrity and compassion, and in less than 40 years, the organization has helped provide over 4 billion meals to children in more than 100 countries.

## APAE-BARUERI



BRAZIL

Apae Barueri is a Brazilian association created in 2017 with the mission of helping people in poor physical condition, living with intellectual, nutritional, health and multiple disabilities. Its project consists of evaluating the effects of nutritional parameters and the development of those diagnosed with malnutrition, by proposing an orally administered food supplement for a period of one year.



APAE BARUERI

***A big thank you to Roquette employees, especially Amandine, Sofia, Sanket, Tiffany, and Thiego, for their commitment and their involvement in each of these five supported associations.***



To ensure the sustainability of our company and strengthen its performance, we launched a very ambitious sustainable development program by 2030 called “**life+nature**” in 2023. This program revolves around three working platforms: “**PRESERVE the planet**”, “**INVENT for the future**”, and “**CARE for people**”.

For the last platform, the objectives are multiple. Internally, the program aims to ensure the health and safety of employees, offer them a minimum of hours of training per year for their professional development, and promote diversity and inclusion within teams. Externally, it is about ensuring ethical compliance by our suppliers and contributing to actions in favor of local communities. The Roquette Foundation for Health remains committed to these communities by supporting various organizations and associations, particularly in France, India, and Brazil, to promote healthy food for everyone’s health.

*“Our corporate Foundation is one of the essential elements of our life+nature program. For over 6 years, it has been contributing to supporting initiatives that promote and encourage healthy eating habits among young people. It is a catalyst for collective engagement, with associations, the academic world, public authorities... and positive impact in the countries and territories where Roquette is present!”*



**Xavier GALLIOT**  
Head of Sustainability -  
Roquette group



Roquette is a family-owned global leader in plant-based ingredients and a leading provider of pharmaceutical excipients. Founded in 1933, the company currently operates in more than 100 countries, through more than 30 manufacturing sites, has a turnover of around 5 billion euros, and employs almost 10,000 people worldwide.

Life and nature have been our sources of inspiration for decades. All our raw materials are of natural origin. From them, we enable a whole new plant-based cuisine; we offer pharmaceutical solutions that play a key role in medical treatments; and we develop innovative ingredients for food, nutrition and health markets. We truly unlock the potential of nature to improve, cure and save lives.

Thanks to a constant drive for innovation and a long-term vision, we are committed to improving the well-being of people all over the world. We put sustainable development at the heart of our concerns, while taking care of resources and territories. We are determined to create a better and healthier future for all generations.

Discover more about Roquette on this link: [www.roquette.com](https://www.roquette.com)



## Where to find us

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